

# Alternatives to Violence Project

## Basic (Level 1) Workshop

December 2 - 4, 2016

Learn how to bring peace to your family and community in this Conflict Transformation Workshop!



We will practice affirming ourselves and others, communicating, cooperating and transforming conflict into win-win outcomes in this interactive and fun workshop.

Take all three levels of workshop and become a facilitator!

AVP's grassroots, volunteer program is dedicated to reducing violence in our lives, homes, schools, prisons and society.

### *Timing for the workshop...*

Friday, December 2: 3pm – 8:30pm (supper included)  
Saturday, December 3: 9am – 6pm (lunch included)  
Sunday, December 4: 1pm – 6pm (snack included)

**We request that you commit to the ENTIRE time of the workshop.**

### *Location of the workshop...*

## **Ithaca Friends (Quaker) Meetinghouse**

102 Third St. (corner of Madison and Third Sts.)  
Ithaca, NY 14850

Facilitators and participants are voluntary. Please join us.

**Workshop fee: \$10 - \$40**

Scholarships are available. No one will be turned away for lack of payment.

### *Registration:*

Shirley Way, [info@avpny.org](mailto:info@avpny.org) or call 315-604-7940.

Send checks to: AVP/NY, PO Box 6851, Ithaca, NY 14851-6851

There is a 15 person maximum. Please sign up soon to reserve your spot!

AVP is active so dress informally and be ready for fun!

